

## Tips for Hearing People Communicating with people who are Hard of Hearing

- Get the person's attention before you speak.
- Do not put obstacles in front of your face.
- Do not have objects in your mouth such as gum cigarettes or food.
- Speak clearly and at a moderate pace.
- Use facial expressions and gestures.
- Give clues when changing the subject.
- Rephrase when you are not understood.
- Don't shout or exaggerate lip movements.
- Avoid noisy background situations.
- Be patient, positive and relaxed.
- Talk to a HOH person, not about him or her.
- When in doubt, ask the HOH person for suggestions on how to improve communication.

Card prepared by Hearing Loss Association of North Carolina (HLA-NC).

Visit the HLAA web site at:  
[www.hearingloss.org](http://www.hearingloss.org)  
Or the HLA-NC web site at:  
[www.ncheatingloss.org](http://www.ncheatingloss.org)

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For more information on Sam Trychin, see <http://www.trychin.com/>



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