

Tips for Hard of Hearing People to Help them Communicate with Hearing People

- Pick the best spot to communicate by avoiding areas that are poorly lit and very noisy.
- Anticipate difficult situations and plan how to minimize problems.
- Tell others you have a hearing loss and explain how to best talk to you.
- Pay attention to the speaker.
- Look for visual clues to what is being said.
- Ask for written clues of key words, if needed.
- Do not bluff.
- Provide feedback:
 - ⇒ Don't just say, "Huh?" Tell them what you heard / missed.
 - ⇒ Thank them for helping; let them know what they say is important.
- Arrange for frequent breaks if discussions or meetings are long.
- Try not to interrupt too often, but do interrupt when you need to.

Visit the HLAA web site at:
www.hearingloss.org
Or the HLA-NC web site at:
www.ncheatingloss.org

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For more information on Sam Trychin, see <http://www.trychin.com/>



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